

Health History Form

The information requested below will assist us in treating you safely. Feel free to ask any questions about the information being requested. Please note that all information provided below will be kept confidential unless allowed or required by law. Your written permission will be required to release any information.

Name: _____ Phone #: _____

Address:

<i>apt/unit #</i>	<i>street address</i>	<i>city</i>	<i>postal code</i>

Occupation: _____ Date of Birth: _____

Did a health care practitioner refer you to massage therapy? Yes No

If Yes, please provide their name and address: _____

Please check if you have had any of these or are currently experiencing any of these:

Cardiovascular

- high blood pressure
- low blood pressure
- chronic congestive heart failure
- phlebitis / varicose veins
- stroke/CVA
- pacemaker or similar device
- heart disease

Respiratory

- chronic cough
- shortness of breath
- bronchitis
- asthma
- pneumonia
- C.O.P.D.

Is there a family history of any cardiovascular or respiratory conditions? Yes No

Infections

- hepatitis
- skin conditions
- herpes
- TB
- HIV

Other Conditions

- loss of sensation, where? _____
- diabetes, onset: _____
- allergies/hypersensitivity to what? _____
Type of reaction: _____
- epilepsy
- cancer, type and location? _____
- skin conditons, what? _____
- arthritis, type and location: _____

Is there a family history of arthritis? Yes No

- osteoporosis
- fibromyalgia
- muscular dystrophy
- haemophilia
- mental health condition
- multiple sclerosis
- other diagnosed condition: _____

Please check if you have had any of these or are currently experiencing any of these:

Head/Neck

- history of headaches history of migraines
 vision problems vision loss wear glasses wear contact lenses
 ear problems hearing loss wear hearing aid

pregnant, due: _____

gynaecological conditions _____

Overall, how is your health? _____

Primary Care Physician: _____

Address: _____

Current Medications: _____

Condition treated: _____

Are you currently receiving treatment from another health care professional? Yes No
If yes, for what? _____

Do you have any internal pins, wires, artificial joints or special equipment? Yes No
what? _____
where? _____

What is the reason that you are seeking massage therapy? (Please include the location of any tissue or joint discomfort)

date: _____

update 1:
update 2:
update 3:
update 4:
update 5: